



How to maximise the benefits of your treatment

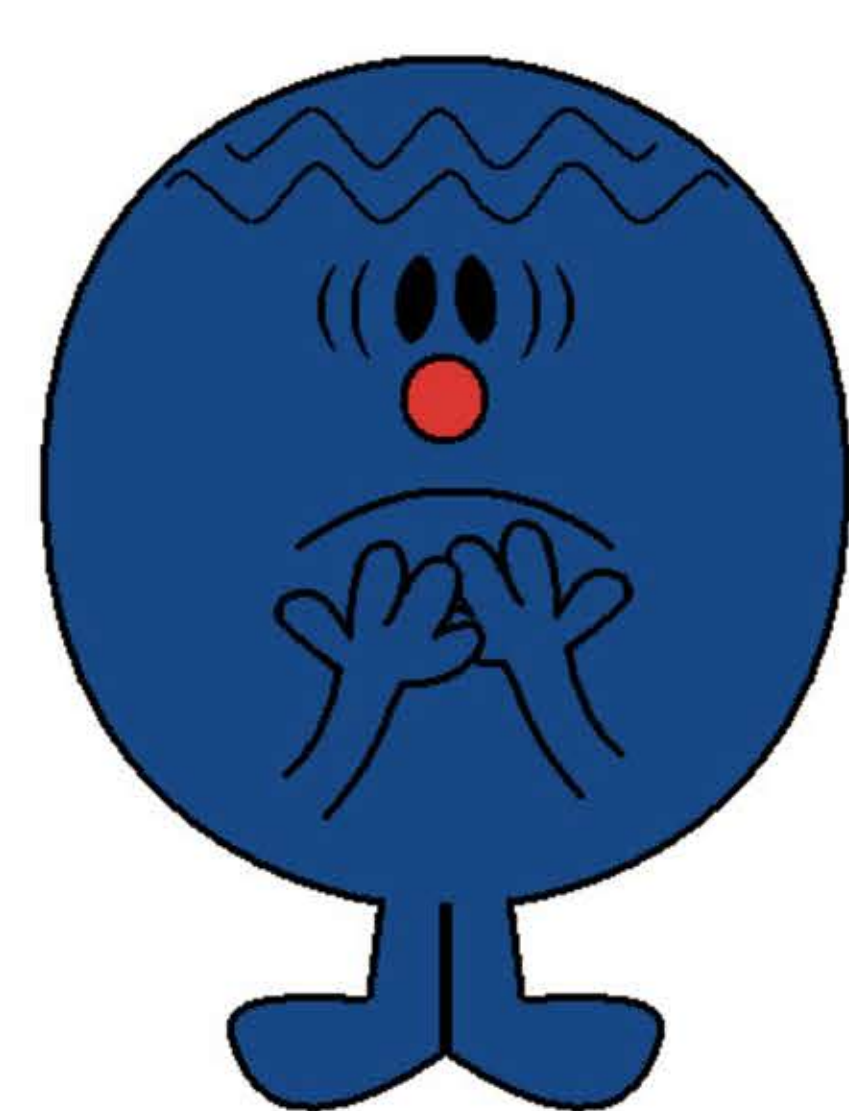
We will work with you to make your treatment effective for you



Treatments for arthritis and musculoskeletal conditions **ONLY** work if taken regularly, at the dose and time we advise.



We understand that it can take a while to make taking your treatment a **habit**. Please tell us if you keep forgetting so we can suggest ways to help you remember.



We know that some people are not sure if their medicine is absolutely needed or have concerns about their medicines – please **discuss** this with us so we can help you.



We want you to live a **full and active** life and we will work with you to find the right treatment for you that controls your symptoms.



If you're not able to take your medication for any reason please tell us so we can discuss the options.